

# THE THIN RED LINES

**O NORTE DA  
ANESTESIA**  
2026

PORTO ANAESTHESIOLOGY  
PORTUGUESE CONGRESS  
CONGRESSO PORTUGUÊS DE ANESTESIA, MEDICINA  
DA DOR, EMERGÊNCIA E CUIDADOS INTENSIVOS

20<sup>TH</sup>  
EDITION

## PROGRAMA PERLIMINAR

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### Day 20.11.2026

8:00 – Open secretariat

8:30 – Wellcome message

9:00 - Talk #1

- Airway in Obese & very Obese Patients: what are the limits
- The limit airway situations: never events in operating room?

9:40 - Talk #2

- Pro general anaesthesia in hip fracture
- Pro regional anaesthesia in hip fracture

### 10:20 Symposium 1

Coffee Break

11:10 - Talk #3

- Trauma in the pregnant patient: what must always happen & what must never happen
- Who speaks for the fetus?

11:45 - Talk #4

- Monitoring essentials out of operating room: what are the limits
- When the surgeon wants to decide the anaesthetic technic ...!

13:00 – Lunch

14:30 - Talk #5

- Crystalloids & Colloids: when & how much
- The physiological difficult airway: always or sometimes awake?

### 15:10 – Symposium 2

Coffee Break

16:00 - Talk #6

- The residents' autonomy paradigm: when does the consultant should step in

- How should we present the option of epidural labour analgesia to the patient

16:30/17:00 – Best Posters Presentations

## **Day 21.11.2026**

9:00 - Talk #7

- Traumatic Brain Injury: The anaesthesiologist role for the best outcomes
- Peripheral blocks: what to do & what not to do to have success

9:40 - Talk #8

- Paediatric limit clinical scenarios: the anaesthesiologist, the parents, the team
- How the team spirit across disciplines impacts outcome

### **10:15 – Symposium 3**

Coffee Break

11:40 - Talk #9

- Challenges for the Anaesthesiologist: during an airplane trip
- Challenges for the Anaesthesiologist: during a tropical diving vacation

12:00 – Talk #10

- Challenges of Anaesthesiology in Asia
- Challenges of Anaesthesiology in Africa

12:20 - Talk #11

- May the Anaesthesiologist suspend practice on a routine in case of substandard situation.
- What to do when the nightmare happens - Death due to impossible oxygenation –

13:30 – Farewell message