

# THE THIN RED LINES

**O NORTE DA  
ANESTESIA  
2026**

PORTO ANAESTHESIOLOGY  
PORTUGUESE CONGRESS  
CONGRESSO PORTUGUÊS DE ANESTESIA, MEDICINA  
DA DOR, EMERGÊNCIA E CUIDADOS INTENSIVOS

**20<sup>TH</sup>  
EDITION**

## 20<sup>th</sup> November

8:00 – Open secretariat

### 8:00-9:00 – Posters´ Presentation

8:50 – Welcome message – Humberto Machado, Carla Bentes, Fernando Abelha

### 9:00 - Talk #1 – THE AIRWAY CHALLENGES

Airway in Obese & very Obese Patients: what are the limits - Ashish Sinha (USA)

Decision making in airway management: the thin red lines- Basem Abdelmalak (USA)

### 9:40 - Talk #2 – HIP FRACTURE ANESTHESIA

Pro general anesthesia in hip fracture - Markus Huppertz-Thyssen (Germany)

Pro regional anesthesia in hip fracture - Nabil Elkassabany (USA)

### 10:20 - Symposium #1

10:50 – Coffee Break

### 11:20 - Talk #3 – DIFICULT DECISIONS

Trauma in the pregnant patient: what must always happen & what must never happen - Nada Nikolic (Germany)

When the surgeon wants to decide the anesthetic technic ...! - Markus Huppertz-Thyssen (Germany)

### 12:00 - Talk #4 – THE MOTHER & HER CHILD

Monitoring essentials in labor suite - Alex Sia (Singapore)

Who speaks for the fetus? - Yoo Kuen Chan (Malasya)

13:00 – Lunch

### 14:30 - Talk #5 – IMPORTANCE OF PHYSIOLOGY IN ANESTHESIA

Crystalloids & Colloids: when & how much - Martin Westphal (Germany)

The physiological difficult airway: always or sometimes awake? - Basem Abdelmalak (USA)

### 15:10 – Symposium #2

15:40 - 16:10 – Coffee Break

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## 16:10 - Talk #6 – NON-TECHNICAL SKILLS IN ANESTHESIA

The residents' autonomy paradigm: when does the consultant should step in - Nada Nikolic (Germany)  
How should we present the option of epidural labor analgesia to the patient - Yoo Kuen Chan (Malasya)

## 16h50 – 17h50 – BEST ORALPRESENTATION

## 18:00 – End of the day

## 21<sup>st</sup> November

## 8:00-9:00 – Posters ´ Presentation

## 9:00 - Talk #7 – THE PERIPHERAL BLOCKS

Peripheral blocks: what to do & what not to do to have success - Nabil Elkassabany (USA)  
The magnificent 7 blocks- Marcus Huppertz-Thyssen (Germany)

## 9:40 - Talk #8 – THE TEAM & THE OUTCOMES

How the team spirit across disciplines impacts outcome - Martin Westphal (Germany)  
Obstetrics high risk clinical scenarios: the anesthesiologist, the family, the team – Alex Sia (Singapore)

## 10:20 – Symposium #3 - Professor Manoj Karmakar (Thailand) – The ultrasound red flags

## 11:00 – Coffee Break

## 11:30 - Talk #9 – THE ANESTHESIOLOGIST IN UNCOMMON ENVIRONMENTS

Challenges for the Anesthesiologist: during an airplane trip - Ashish Sinha (USA)  
Challenges for the Anesthesiologist: during a tropical diving vacation – Oscar Camacho (Portugal)

## 12:00 – Talk #10 – GEOGRAPHICAL CHALLENGES FOR THE ANESTHESIOLOGIST

Challenges of Anesthesiology in Asia - Susilo Chandra (Indonesia)  
Challenges of Anesthesiology in Africa - Ezzat Azziz (Egypt)

## 12:20 - Talk #11 – LEGAL ISSUES RELATED TO ANESTHESIOLOGY

*May the Anesthesiologist suspend practice in case of substandard logistics* - Antonio Santa-Comba (Portugal)  
*What to do when the nightmare happens - Death due to impossible oxygenation* - Francisco Meira (Portugal)

13:30 – Farewell message – Humberto Machado, Carla Bentes, Fernando Abelha