

PD Dr. med. Joana BERGER-ESTILITA, MMed, DESA, EDIC

Languages: English (C2), German (C1), French (B2), Spanish (B1), Italian (A2), Portuguese (Mother tongue), ORCID: 0000-0002-8695-4264

**1. Education**

- 17.04.2023 Doctoral Degree (PhD) in Clinical Investigation and Health Services Research: *“Knowledge Skills and Attitudes towards Interprofessional Learning”*, Faculty of Medicine, Porto University, PT
- 06/21 Habilitation in Anaesthesiology, Faculty of Medicine, University of Bern, CH
- 01/17 – 05/20 MMed (Distinction), University of Dundee, Scotland, UK
- 12.12.2018 Doctoral (MD) thesis: *“Modalities and accuracy of diagnosis of external ventricular drainage-related infections: a prospective multicentre observational cohort study”*, University of Bern, CH
- 04/14-11/16 Anaesthesiology and Intensive Care Medicine FMH Titles recognition, CH
- 10/13 Intensive Care Medicine Title, Portuguese Medical Council, PT
- 05/13 European Diploma in Intensive Care, European Society of Intensive Care Medicine
- 10/12 European Diploma in Anaesthesiology and Intensive Care, ESAIC
- 12/10 Anaesthesiology Title, Portuguese Medical Council, PT
- 09/07-06/08 Master in Pain Medicine (500h), University of Salamanca, SP
- 09/05-06/06 Postgraduation in Acupuncture (300h), University of Porto Medical School, PT
- 20.12.2005 Medical Exam, Central Administration of Health System, PT
- 09/98 – 10/04 First degree in Medicine, classification 17/20, Medical Sciences School, Universidade Nova de Lisboa, Lisbon, PT

2. Employment history

- 03/22 – **Consultant in Anaesthesiology and Intensive Care**, Salem Spital, Hirslanden Group, Bern, CH
- 03/22 – **Scientific Collaborator**, Institute for Medical Education, University of Bern, CH
- 09/17 – 01/22 **Consultant in Anaesthesiology**, Universitätsklinik für Anästhesiologie und Schmerztherapie, Inselspital Bern, CH
- 01/15 - 08/17 **Consultant in Anaesthesiology**, Departement für perioperative Medizin, Kantonsspital Olten, CH
- 05/14 – 11/14 **Staff Anaesthesiologist**, Uniklinik Balgrist, Zürich, CH
- 09/13 – 06/14 **Fellow Researcher and Executive Member** of the FCT*-funded Project, *“Projecto Trauma Grave”*, University of Porto, PT
- 09/13 – 04/14 **Consultant Intensivist**, ICU, Centro Hospitalar do Algarve, Faro, PT
- 01/13 – 01/14 **Invited Lecturer**, University of the Algarve Medical Faculty, Faro, PT
- 09/10 – 08/13 **Fellow of Intensive Care Medicine**, ICU, Centro Hospitalar do Algarve, PT
- 11/09 – 11/13 **Emergency Medicine Doctor**, Helicopter Emergency System (HEMS), PT
- 04/06 – 08/10 **Anaesthesiology Trainee**, Department of Anaesthesiology, Centro Hospitalar do Algarve, PT
- 01/05 – 03/06 **Medical Intern**, Hospital de Pedro Hispano, PT

3. Teaching activities (summary)

- 01/19- 01/22 Departmental Lead of the Anaesthesiology Clerkship (4th year), Faculty of Medicine, Department of Anaesthesiology and Pain Therapy, University of Bern, CH
- 09/19 – 01/22 Teacher for the Course *“Intermediate Care Nursing”*, Inselspital, Bern University Hospital (CH)
- 08/18 – 01/22 Supervision of junior researchers, KAS, Inselspital, University of Bern

- 02/18 – 01/22 Simulation Instructor and Responsible Medic for Student Teaching and Research, Bernese Simulations- und CPR-Zentrum, Inselspital University Hospital, Bern (CH)
- 02/18 – 01/22 Teacher and responsible educator for the Basic Trauma Management Course - 3rd year of the Bachelor study in Medicine, University of Bern (CH)
- 05/13 – Instructor for the Intensive Care Nephrology Course - European Society of Intensive Care Medicine (PT)
- 01/13 – 01/14 Invited Professor of the University of the Algarve Medical School (PT)
- 04/13 – Examiner of the Part II of the European Diploma of Anaesthesia and Intensive Care (EDAIC)
- 05/11 – Instructor of the Fundamentals in Critical Care Support (FCCS®) course (PT)
- 09/09 – 06/12 ACLS, ATLS and PALS Instructor, National Institute for Emergency Medicine (PT)

4. Memberships in Panels, boards, and individual scientific reviewing activities (summary)

- 01/23 - Member of the Scientific Forum 1: General Anaesthesiology and Perioperative Medicine ESAIC
- 01/23 - Member of the Safe Brain Initiative Steering Committee (safebraininitiative.org)
- 01/22 Deputy Chair of the Part II EDAIC Exam Subcommittee, Examinations Committee ESAIC
- 09/20 - Associate Editor of the BMC Medical Education Journal
- 01/20 Member of the eLearning Committee ESAIC
- 04/19 - Reviewer of the *PLOS One* Journal
- 01/19 Portuguese Mother Tongue translator of the Part II EDAIC Exam Subcommittee, Examinations Committee ESAIC
- 09/18 – 01/23 Coordinating Member of the Editorial Board of the European Society of Intensive Care Medicine (ESICM) e-learning platform
- 04/18 - Reviewer of the *European Journal of Anaesthesiology (EJA)*

5. Prizes, Awards, Fellowships

- 07/22 **Award:** Best Abstract in Allied Health Professionals for “Pulmonary rehabilitation maintenance programmes: What makes the difference?” (ERS International Congress, Barcelona 2022)
- 10/20 **Award:** “Förderung Innovative Lehre” (*Support for Innovative Teaching*) Project, Vice-Rector Teaching, University of Bern
- 09/20 N.1 Article of the Year” 2019 Award for the paper “Worldwide practice of pulmonary aspiration prevention strategies during rapid sequence induction of anaesthesia: a cross-sectional international survey of 10,003 anaesthesiologists” awarded by the journal *Anaesthesia*
- 04/20 – 12/20 Mentee of the **COMET** (Coaching, Mentoring and Training for Female Researchers) Career Programme, Office for Gender Equality, University of Bern
- 11/18 - 11/20 Mentee of the **Mentoring For Women (M4W)** Program, (funded by the *Bundesprogramm Chancengleichheit*, the NCCR TransCure and the Medical Faculty of the University of Bern)
- 11/18 - 04/19 Selected participant for the two-week **Teach the Teacher** Course
- 10/18 **Award:** “Förderung Innovative Lehre” (*Support for Innovative Teaching*) Project, Vice-Rector Teaching, University of Bern

6. Publications

61 Published articles, 21 first authorships, H-index 19

(<https://www.webofscience.com/wos/author/record/2174215>)

22 Publications in collaboration with the ESAIC & ESICM Trials group (LUNG SAFE Investigator, FENICE Investigator, EuSOS Investigator) (<https://pubmed.ncbi.nlm.nih.gov/?term=Estilita+J>)